

Sara B.

Sweet Potato Hummus

Ingredients

500gm orange sweet potato
1 x 400gm tin chickpeas, drained
¼ cup tahini
Juice of 1 lemon
1 garlic clove
¼ cup extra virgin olive oil
¼ teaspoon ground cumin

Method

Roast or boil the sweet potato until tender. Remove skin. Place all the ingredients in a blender and puree until smooth. Add a little of the chickpea water if you need to soften the mixture a little.

